

St. Luke

Caring for our Community

Fall/Winter 2011

St. Francis Commons Assisted Living Residence Project Taking Shape

Assisted Living is a new senior living option coming to our community in the Fall of 2012. The St. Luke organization is currently in the process adding to our *Family of Caring* by developing the St. Francis Commons Assisted Living Residence on our healthcare campus in the City of Oswego. The new residence will accommodate 60 residents in both private and semi-private apartments. St. Francis Commons will provide supportive housing and home care services to individuals who are medically eligible for placement in a nursing facility but whose needs can be met in a less restrictive and lower cost residential setting.

The St. Francis Commons assisted living program will combine residential and home care services. Well appointed private or semi-private apartments will provide housekeeping, supervision, case management, personal care and home health services to our residents. Activities and outings will help keep residents engaged and a part of our community.

Our new residence will also provide a safe setting for persons with early to middle stages of a dementia-related illness such as Alzheimer's disease. Special care services will be available in a specially designed wing of our St. Francis Commons residence.

Our newest senior living option will emphasize personal dignity, autonomy, independence and personal choice, all in an environment that will reflect the level of quality our community has come to expect from the *St. Luke Family of Caring*.

For information about the St. Francis Commons project, please visit us on the web at www.stfranciscommons.com



Adopt -A-Grandparent Program Going Strong At St. Luke

"Bells Are Ringing This Holiday Season At Bishop's Commons"

NY State Senator Patty Ritchie Visits

A New View In The Harborview Room at St. Luke - You Can Almost Hear The Waves Crashing Over The Break Wall!

A New Kitchen For Michaud

Michaud Welcomes New Administrator Jeff Toczek

"HO, HO, HO" - Santa Says It's Never Too Early To Purchase Your 2012 "Bundle of Bucks" Raffle Tickets!

Caring for our Community is a publication of St. Luke Health Services. To contact the publisher, write to the Community Relations Department at St. Luke Health Services, 299 East River Road, Oswego, NY 13126, or call 315/342-3166.

www.stlukehhs.com

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THE ST. LUKE John Foster Burden FUND, INC.

Fundraising and Development in support of the St. Luke Family of Caring



St. Luke Health Services

Residential Skilled Nursing Care
Short Stay Rehabilitation
Adult Day Health Care

www.stlukehhs.com

Bishop's Commons At St. Luke

Oswego County's Only
Assistive
Living Residence

www.bcommons.com



Michaud Residential Health Services

Residential Skilled
Nursing Care
Short Stay Rehabilitation

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THE ST. LUKE John Foster Burden FUND, INC.

Fundraising and Development in support of the St. Luke Family of Caring



Named in honor of the late Dr. John Foster Burden, the St. Luke-John Foster Burden Fund, Inc. continues a legacy of commitment to local healthcare. A caring and compassionate physician, Dr. Burden's career was punctuated by his involvement in a number of Oswego-area civic organizations. Dr. Burden served as the first President of the Board of Directors of St. Luke Health Services.

St. Luke Health Services plays an important and unique role in local healthcare, having served thousands of your family, friends, and neighbors. Today, we serve over 300 people every day, and employ over 400 people, making us one of the largest private employers in our area.

If you would like information about how you can make a planned gift to St. Luke or how you can include us in your Will, please contact the Community Relations Department at 342-3166, extension 116.

The St. Luke - John Foster Burden fund is approved by the IRS as a 501-c (3) organization, making your gift tax deductible to the limits allowed by law. (EIN: 22-2460821)

"HO, HO, HO" - Santa Says It's Never Too Early To Purchase Your 2012 "Bundle of Bucks" Raffle Tickets!

After a sell-out at our last raffle drawing, Mr. and Mrs. Claus wanted you to know that now is a good time to purchase your 2012 "Bundle of Bucks" raffle tickets! The 2012 raffle drawing event will take place on Saturday, May 19th at the Elks Club in Oswego. Through your support of this event, people served by the St. Luke Family of Caring directly benefit.

To be a part of our 2012 raffle, please complete the enclosed ticket application and mail it today with your payment! The entry fee for the raffle is \$50 dollars per ticket; only one thousand tickets will be sold, with a top prize of \$10,000 to a lucky winner! You must be 18 years or older to participate. You do not have to be present at the raffle drawing to win.

"Early Bird" Drawing - Everyone who purchases a raffle ticket before February 14, 2012 will be entered in our "Early Bird" Drawing! We will be drawing for five \$100 cash prizes on February 14th. So don't wait - 2012 could be a very lucky year!



Santa and Mrs. Claus are handing out 2012 St. Luke Bundle of Bucks raffle ticket applications - get yours today, fill it out and send it in with your ticket payment. You may be in for big present (\$10,000 cash) in May!

Caring for our community...

Adopt-A-Grandparent Program Going Strong At St. Luke

Students from the SUNY Oswego Adopt-A-Grandparent Program have been visiting residents at St. Luke Health Services regularly to work on various projects together and to enjoy each other's company.

"We are fortunate to have such a dedicated bunch of students from the college who come and interact with our residents," said Donna Rose, Director of Activities and St. Luke. "Our residents get a lot out of the program and if you are able to watch them together, so do the students. This is a great way to keep our folks connected with their community and a wonderful service opportunity for students from SUNY Oswego to learn from our seniors."



Pictured (left to right) is St. Luke Health Services resident Helen Wilson; with SUNY Oswego student and Adopt-A-Grandparent Program participant Ashley Constantino, as they work on a seasonal art project together.

"Bells Are Ringing This Holiday Season At Bishop's Commons"

"Sleigh bells ring, are you listening?" Bells are exactly what you might hear coming from Bishop's Commons as the "Ding-A-Lings" Resident Bell Choir has formed and are rehearsing for the holiday season.

A group of talented residents are learning to play the bells under the direction of Activity Assistant, Cheryl Cullinan with the goal of bringing their own music to the halls this Christmas. "Learning the basics to start was simple for the group of 10-12 residents," noted Cullinan. "Now we are beginning Christmas songs and everyone is learning fast and having so much fun with it."



Pictured are: Cheryl Cullinan teaching the "Ding-A-Lings" at their rehearsal.

The "Ding-A-Lings" are meeting two times a week for practice and have now formed a choir to accompany them with the help of organist and choir singer Carolyn Begani. "We actually sound good!" exclaimed Resident Priscilla Brown. "Who would have thought we could all learn this so quickly?" The "Ding-A-Lings" have performances planned throughout the holiday season in several locations on the St. Luke Health Services campus, including, Bishop's Commons, Little Lukes and St. Luke.

NY State Senator Patty Ritchie Visits

St. Luke Health Services recently welcomed New York State Senator Patty Ritchie for a visit to their healthcare campus in Oswego.

The State Senator met with St. Luke staff and the Board of Directors to discuss funding concerns for long term care and was given an overview of plans to develop an assisted living residence on the St. Luke healthcare campus.

Senator Ritchie toured both St. Luke and neighboring Bishop's Commons and met with staff and residents along the way.

"We are appreciative of Senator Ritchie for taking time to both meet with us and allow us the opportunity to show her the services we provide," said St. Luke CEO and Administrator Terrence Gorman. "Healthcare providers across our county and across the State are facing tremendous challenges both financially and programmatically and we think it is important to be able to keep our elected officials informed of these challenges as they help shape public policy."



Pictured (left to right) is New York State Senator Patty Ritchie as she visits with residents at Bishop's Commons in Oswego. She is seen having a conversation with Bishop's Commons residents (left to right) Audrey Pelligra, Priscilla Brown, Frances Clift and Fred Tesoriero. Senator Ritchie took to opportunity to meet with staff and residents at both St. Luke and Bishop's Commons to talk about the community-based services provided on the healthcare campus.

A New View In The Harborview Room at St. Luke – You Can Almost Hear The Waves Crashing Over The Break Wall!

St. Luke residents are enjoying a new dining experience thanks to local artist Ben Jerred. An Art Teacher at Volney Elementary School in Fulton, Jerred took time this past summer to hand-paint a mural of one of Oswego's iconic images – the Lighthouse in Oswego Harbor. He used the entire north wall in the newly named "Harborview Room" (formally the Rose Dining Room). Several other enhancements to the dining room were completed, including improvements to meal preparation and service, and a nautical-theme



has helped change the room's atmosphere, making it warmer and more inviting. "We wanted to offer folks a familiar image from our area, and what better image that the Oswego Harbor," said Donna Rose, Director of Activities at St. Luke, who helped with the dining room make-over project. "Ben did a wonderful job and judging by the responses from residents, we have succeeded in improving the dining experience, making the Harborview Room a real focal point here at St. Luke."

A New Kitchen For Michaud

Michaud Health Services in Fulton has recently undergone some exciting construction changes. In an effort to enhance the dining experience for the residents and patients, Michaud has embarked upon a new style for meal service. The old traditional method of delivering food from a tray line and placing onto a tray and transporting the meals in a bulky metal cart, has been replaced with a state of the art system. Food is cooked and transferred into steam tables directly in the dining room areas, so that the aroma is in the air as well to ensure delivery of a hot home like meal.



Michaud Cook Teresa Hayden prepares a meal for residents on a brand-new Garland range, one of the many new pieces of equipment included in the recently completed kitchen renovation project.

puddings are also served chilled. For those who may change their mind, alternative food items are quickly available and include several choices from hot dogs, hamburgers, grilled cheese, and sandwiches.

Residents and staff are thrilled and have been very happy with the new service, and even staff comment about how they can smell the inviting aromas when coming into the facility. Included in this transition was the acquisition of various pieces of new kitchen equipment, including new coolers, oven and a dish-machine. This initiative is just a part

Similarly, coffee and juice are dispensed in the same immediate area for optimal temperature and convenience. Cold items like milk and

of how the staff at Michaud are striving to de-institutionalize the nursing home and create a more home-like environment.

Michaud Welcomes New Administrator Jeff Toczek

Jeff Toczek Joins Michaud Residential Health Services As New Administrator As Administrator, Toczek will oversee all operations at the eighty-nine bed residential skilled nursing and rehabilitation facility. "I am excited about joining Michaud and have received a wonderful welcome from everyone thus far," said Toczek. Prior to assuming his position at Michaud, Toczek was employed in a similar capacity with the Loretto organization in Syracuse, where he functioned as administrator for the Nottingham RHCF.

Toczek noted, "One thing that attracted me to the new position was the small town community feel and the opportunity to make a difference in the lives of Michaud

residents. I feel that I can lend my expertise and help enhance the already great level of care we provide."

Toczek earned his Master's degree from the University at Buffalo and brings twelve years experience to the health care field. He has previously held roles as a registered dietitian and food service director.

Toczek currently resides in Liverpool with his wife Laura and three children.

